



# THIS WEEK'S MENU

WEEK COMMENCING  
7 OCTOBER 2019



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	CHICKEN KORMA CURRY NAAN BREAD	SPAGHETTI BOLOGNAISE (LAMB)	ROAST TURKEY WITH STUFFING & GRAVY	BEEF & VEGETABLE CASSEROLE	BREADED COD
VEGETARIAN	CHICKPEA & BUTTERNUT SQUASH KORMA WITH NAAN BREAD	QUORN BOLOGNAISE	QUORN FILLETS	LEEK, MUSHROOM & LENTIL PIE	MARGARITA MUFFIN PIZZAS
POTATOES/RICE/PASTA	STEAMED BROWN RICE	SPAGHETTI	ROAST POTATOES	MASHED POTATOES	THICK CUT CHIPS
VEGETABLES	SWEETCORN	BROCCOLI	MEDLEY OF VEGETABLES	SWEDE & CARROTS	MUSHY PEAS
JACKET POTATO	JACKET POTATOES SERVED WITH A CHOICE OF TUNA, CHEESE & HOT JACKET FILLING OF THE DAY				
SALAD BAR	A SELECTION OF SEASONAL SALADS AVAILABLE ON THE JACKET POTATO BAR				
FRUIT	DAILY SELECTION OF YOGHURT, FRESH SLICED FRUITS OR CHEESE & BISCUITS				
DESSERT	ASSORTED FRUIT	BANANA & SULTANA FLAPJACK	LEMON DRIZZLE CAKE	YOGHURT & FRUIT	ORANGE & LEMON OATY COOKIES